Check out our FAQ's!

When and where?
All details of our session timings and locations can be found on our website.

How do I join a game?
Use the links provided on our website to join! Your first game with us is free! Please note that you cannot attend a game you have not booked in for.

What age range can play?
Our games are open to anyone 18+. We've got players in their 20's through to their 40's. What matters most is your energy and love of the game. If you want to get involved, come along!

Is it for all abilities?
Kickerbout is open to all abilities. Previous playing experience is advised but the standard is mixed. Everyone finds their level. Kickerbout aims to help keep players in the game and help players return to the game.

What's the game format?
Games are 5v5, 6v6 or 7v7 depending on numbers.

How do the games work?
All organisation and set up is led by the coach. Teams are picked evenly, there is a pre-game activity and we play two halves with a short half-time team-talk. All you need to do is show up and play.

What footwear should I wear?
Astros are fine all year. No metal studs allowed. For grass or wet surfaces, moulded boots are advised for the best grip.

Do I need a team?
No team needed. Games are non-competitive, with even teams picked each week. You'll join a group of people just like you who want to play for the fun of it.

Do I need a kit/uniform?
No specific kit or colours are needed. Club stripes, retro shirts or new ones are all encouraged. Show off your style and the club you love!

What happens in bad weather?
Games only get cancelled if necessary. You'll always hear from us about a cancellation at least 90 minutes before kick-off.

Returning to football after a break – is Kickerbout for me?
Kickerbout is a great way to get back into playing. Some cardio is recommended before jumping into your first game after a long break. When booking, you can choose the 'bench' option, which lets you join without jumping straight into a full game. Countless people have returned to football after breaks through kickerbout.